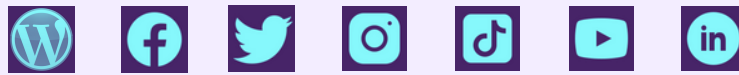




PATRICIA AAREN

FOUNDER - [VividRealities.com](https://www.vividrealities.com)

BECAUSE ANYTHING IS POSSIBLE



Target Audience: Professionals, Go-Getters, Athletes, Entrepreneurs & Small Business Owners

Why: To Remove The Barriers That Stop Them From Upgrading Their Life So That They Can Grow and Manifest Even More Success.

For nearly 20 years I have been a Meditation Coach, Clinical Hypnotherapist and Quantum Manifestation Coach with some truly extraordinary experiences. But even more exciting is my clients' amazing & extraordinary successes.

Suggested Topics:

- Hypnotherapy for Achieving Goals & Success
- Self-Hypnosis Achieving Goals & Success
- Meditation for Relieving Stress & Achieving Goals & Success
- Mindset

Suggested Questions:

- Why is it Important To Achieve Peak Mental Fitness To Grow Your Life, Business or Career?
- How to Understand What Hypnosis is So You Can Achieve Your Goals?
- How to Let Go to Manifest My Goals?
- How to Understand What Mindset is?
- How to Get To the Root of A Problem?

Ask Me About:

- Teleporting out my cot in my parent's flat as an infant (the door had 2 deadlocks) and being found in the backyard in the early hours of the morning!
- Being energetically thrown off the threshold of a doorway as a warning not to attend a meeting in New York!
- My deceased grandmother appearing at the foot of my bed laughing at me for seeing energy and then told me I had nothing to worry about!